

Celiac Disease News



Celiac Disease Awareness Campaign • www.celiac.nih.gov

A service of the National Institute of Diabetes and Digestive and Kidney Diseases, NIH

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Children and Celiac Disease: Going Back to School

Cafeteria lunches, birthday and holiday celebrations, after-school activities—parents of children with celiac disease need to be especially vigilant when the kids go back to school, and they are likely to turn to their family health care providers for advice on how to keep their kids safe. Read a feature article about how health practitioners can help at www.celiac.nih.gov/BacktoSchool.aspx. ■



NIH Radio Spotlights Celiac Disease

Frank Hamilton, M.D., chief of the Digestive Diseases Program in the Division of Digestive Diseases and Nutrition at the National Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health (NIH), discusses the activities and accomplishments of the Awareness Campaign on its 1-year anniversary. To hear the interview, visit www.nih.gov/news/radio/jul2007/07062007celiac.htm. ■



National Institute of
Diabetes and Digestive
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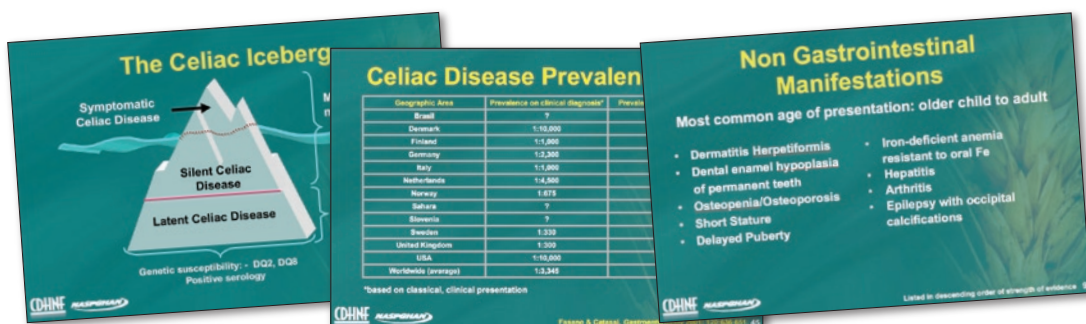


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Raising Physician Awareness of Celiac Disease

The Children's Digestive Health and Nutrition Foundation and the North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition have developed a set of 150 slides about the evaluation and management of celiac disease for grand rounds lectures and other physician educational opportunities. Also available is a clinical practice guideline summary for the diagnosis and treatment of celiac disease in children. To access these resources, go to www.celiac.nih.gov/PracticeTools.aspx. ■



Featured Resource

Awareness Campaign Offers Resource on Celiac Disease in Spanish

The easy-to-read booklet that explains what celiac disease is and outlines its symptoms, diagnosis, and treatment is now available in Spanish. *Lo que usted debe saber sobre la enfermedad celíaca* (What I need to know about Celiac Disease) includes an updated chart from the American Dietetic Association that lists which foods to avoid and which ones are safe to eat on a gluten-free diet. To download a copy of the 20-page publication, go to <http://digestive.niddk.nih.gov/spanish/index.asp>. ■



Celiac Disease News

Celiac Disease News, an email newsletter, is sent to subscribers four times a year by the National Digestive Diseases Information Clearinghouse (NDDIC). The newsletter features news about celiac disease, special events, patient and professional meetings, and new publications available from the NDDIC and other organizations.

If you would like to subscribe, send an email to niddk@info.niddk.nih.gov. Please visit www.celiac.nih.gov/News.aspx to read or download a PDF version of the newsletter.

To meet the need for comprehensive and current information about celiac disease, the National Digestive Diseases Information Clearinghouse, a service of the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), launched the Celiac Disease Awareness Campaign. The Awareness Campaign is the result of the combined ideas and efforts of the professional and voluntary organizations that focus on celiac disease, along with the NIDDK, the National Institutes of Health, and the Centers for Disease Control and Prevention.

Visit www.celiac.nih.gov to learn more about the Awareness Campaign.

Executive Editor: Stephen P. James, M.D.

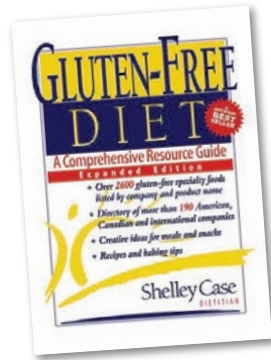
Stephen P. James, M.D., is the director of the Division of Digestive Diseases and Nutrition within the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK). As director, Dr. James oversees planning, implementation, and evaluation of a national research effort focused on gastrointestinal, pancreatic, hepatobiliary, and nutrition diseases and conditions. Before joining the NIDDK in 2001, Dr. James directed the division of gastroenterology at the University of Maryland's School of Medicine for 10 years.



Featured in the NIDDK Reference Collection

Gluten-Free Diet: A Comprehensive Resource Guide

This guide is designed to provide practical information—in an easy-to-access format—about celiac disease and a gluten-free diet. The first



A newly expanded edition is now available.

section of the guide provides a brief overview of celiac disease and dermatitis herpetiformis, including prevalence, signs and symptoms, other associated conditions, complications, and diagnosis. The book, an expanded version of earlier editions, includes current information about gluten-free labeling regulations around the world; a list of more than 2,600 gluten-free specialty products; a directory

of more than 190 American, Canadian, and international companies that sell gluten-free products; information about cross-contamination of food; creative ideas for meals and snacks; gluten-free recipes with nutritional analysis; shopping guidelines; tips for eating out; and a list of resources including books, cookbooks, magazines, and celiac disease groups. To order the book, go to www.glutenfreediet.ca.

The National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) Reference Collection is a free, online database that helps health care professionals, health educators, patients, and the general public find educational materials not typically referenced in most databases. To see what other resources about celiac disease are available from the Reference Collection, please visit www.celiac.nih.gov/References.aspx. ■

Upcoming Meetings, Workshops, and Conferences

Awareness Campaign Exhibits

Celiac Sprue Association

- The Celiac Sprue Association (CSA) held its 30th annual conference in Tucson, AZ, from September 28 to 30. A CSA Dietitian Day was held on September 27 in conjunction with the conference. Frank Hamilton, M.D., chief of the Digestive Diseases Program in the Division of Digestive Diseases and Nutrition at the National Institute of Diabetes and Digestive and Kidney Diseases, was scheduled to speak at the closing session on September 30.

NASPGHAN

- The North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition (NASPGHAN) will hold its Annual Meeting and Postgraduate Course in Salt Lake City from October 25 to 27. Sessions will be held on the complications of celiac disease and screening issues related to celiac disease. Be sure to stop by the Awareness Campaign booth in the exhibit hall if you plan to attend the meeting. For registration information, go to www.naspghan.org.

The American College of Gastroenterology

- The Awareness Campaign also will have an exhibit booth at the American College of Gastroenterology Annual Scientific Meeting and Postgraduate Course in Philadelphia from October 12 to 17. For more information, visit www.acg.gi.org/physicians/education.asp#Annual.